

# Trempealeau County Resource Guide



Produced by the W-2 Children's Services Network

The purpose of this directory is to provide a variety of community resource agencies to better serve the people of Trempealeau & Buffalo County.



**W-2 Agency**  
**36084 Walnut Street**  
**Independence, WI 54747**  
**Phone 608-790-2380**  
**Fax 608-785-9939**

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**Information regarding local Food Pantries is included on the last page of this guide.**

## **ABUSE**

911

Call immediately if you feel someone is in immediate, serious, or life-threatening danger

Family & Children Services through Trempealeau County - 715-538-2311 ext. 290

New Horizons Shelter and Outreach Centers

La Crosse - 608-791-2610

Whitehall - 715-538-2810

Crisis Line – 1-888-231-0066

Domestic Abuse

Bolton Refuge House - 715-334-0628

## **ALCOHOL AND OTHER DRUG ABUSE SERVICES**

Mayo Clinic Health System – Outpatient Behavioral Health Services – 800-362-5454

Gundersen Behavioral Health – 608-775-228

L.E. Phillips Rehab Center (Within HSHS Sacred Heart Hospital)

Eau Claire - 715-839-4361

West Central Wisconsin Behavioral Health Clinic

Whitehall – 715-538-9134

## **AGING**

Aging & Disability Resource Center of Western Wisconsin

Whitehall - 1-800-273-2001

Alzheimer’s Association 24/7 Helpline – 800-272-3900

Social Security Administration Eau Claire - 1-800-772-1213

Social Security Administration La Crosse - 1-800-770-2345

Senior Services - 715-538-2311 or 1-877-538-2311 ext. 250

## **BUDGETING**

Catholic Charities

La Crosse - 608-782-0710

Consumer Credit Counseling Services of La Crosse

505 King Street, Suite 212, La Crosse - 608-784-8380 Financial Analysis, Bankruptcy

*Counseling and Education, Check Wise, Debt Management Plans, Credit Analysis, preparing for living on Your Own, Financial Wellness Seminars.*

Trempealeau County UW-Extension - 715-538-2311 ext. 206

## **CHILD CARE**

Child Care Assistance  
Western Region for Economic Assistance (WREA)  
<https://access.wisconsin.gov>  
1-888-627-0430

Child Care Resource & Referral Service  
Child Care intake appt - 1-888-627-0430

Bureau of Early Care Regulation for the Western Region – 715-930-1148

YoungStar Child Care Search  
<https://dcf.wisconsin.gov/youngstar>

## **CLOTHING**

Catholic Charities  
Eau Claire - 715-832-6644  
La Crosse - 608-782-0710

Women's Clothes Closet (Our Savior's Lutheran Church) 612 Division Street, La Crosse – 608-784-5745 <http://www.oursaviorslutheranchurch.net/womens-clothes-closet/>

Cents and Sensibility  
Independence - 715-985-3301

Arcadia Mission Thrift Store - 608-323-7116

## **COUNSELING**

Country Counseling Clinic  
Whitehall - 715-538-4103

Catholic Charities  
La Crosse - 608-782-0710

Gundersen Behavioral Health - 608-775-2287

Stein Counseling – 608-785-7000

Triniteam  
Eau Claire - 715-836-8106

## **CRISIS PROGRAMS & SERVICES**

In an emergency-Dial 911

New Horizons Domestic Abuse Shelter 608-791-2610 <http://www.nhagainstabuse.org/>

Couleecap, Inc. 608-782-4877 or 1-866-904-4508 <http://www.couleecap.org>

Catholic Charities 3710 East Avenue South, La Crosse – 608-782-0710 or 888-212- HELP  
<https://cclse.org/>

Salvation Army 223 8th Street North, La Crosse – 608-782-6126  
<https://centralusa.salvationarmy.org/lacrosse>

Great Rivers 2-1-1 (Wisconsin) Call 2-1-1 from service area – 608-775-4344 Toll Free -800-362-8255 Live Chat available online [gr211@gundersenhealth.org](mailto:gr211@gundersenhealth.org)

Wisconsin Road Condition Information - 511  
Nationwide Runaway Hotline - 800-621-4000 or 608-786-2929  
National Child Abuse Hotline - 800-422-4453  
National Domestic Violence Hotline - 800-799-7233 |  
Center for Missing & Exploited Children - 800-843-5678  
National Poison Control Center - 800-222-1222  
National Substance Abuse Hotline - 800-662-4357  
New Horizons Shelter - 608-791-2610

## **DISABILITY SERVICES**

Trempealeau County Aging & Disability Resource Center of Western Wisconsin  
1-800-273-2001 or [http://www.tremplocounty.com/tchome/aging\\_disability\\_resource\\_center/](http://www.tremplocounty.com/tchome/aging_disability_resource_center/)

Division of Vocational Rehabilitation (DVR)  
La Crosse - 608-785-9500

Independent Living Resources  
La Crosse - 608-787-1111

ORC Industries, Inc.  
La Crosse - 608-781-7727  
Arcadia – 608-323-2101

Social Security Administration  
Eau Claire - 1-800-815-2924  
La Crosse - 1-800-772-1213

Wisconsin Council on Children & Families  
(Helps families caring for a disabled family member)  
Madison - 608-284-0580 or 1-888-400-8455

Trempealeau County Health Care Center  
Whitehall - 715-538-4312

## DISASTER SERVICES

American Red Cross  
La Crosse - 608-784-2102  
Eau Claire - 715-835-4020

Emergency Government  
Whitehall - 715-538-2311 ext. 215

## ECONOMIC SUPPORTS

Great Rivers 211 – provides free, confidential community information, referrals and crisis line services 24 hours a day. Dial 2-1-1 or (800) 362-8255

Food Share Program Western Region for Economic Assistance (WREA)

Call or go online to apply, renew, make changes, ask questions, and make appointments about:

- FoodShare
- BadgerCare Plus
- Medical Assistance
- Child Care Benefits

**Online:** <https://access.wisconsin.gov>

**Phone:** 1-888-627-0430

**Fax proof/verifications:** 1-855-293-1822

### Call center hours:

Mon/Tues/Thur/Fri: 9:00-4:00

Wednesday 10:00-4:00

## EDUCATION

Western Technical College  
Independence - 715-985-3392

Coulee Region Literacy Council  
<http://www.couleeregionliteracycouncil.com/>  
608-789-4752

Chippewa Valley Technical College  
Eau Claire - 715-833-6200 or 800-547-CVTC

Division of Vocational Rehabilitation (DVR)

La Crosse - 608-785-9500

Workforce Connections, Inc.  
Independence – 608-790-2380  
La Crosse - 800-742-JOBS

Educational Opportunity Center, EOC  
Eau Claire - 800-335-3113

## **EMPLOYMENT SERVICES & PROGRAMS**

Workforce Connections, Inc.  
<http://www.workforceconnections.org/>  
Independence – 607-790-2380  
La Crosse - 800-742-JOBS

Wisconsin Division of Vocational Rehabilitation (DVR)  
<http://www.dwd.wisconsin.gov/dvr> 2615 East Ave S, La Crosse  
608-785-9500 or 1-800-523-2139 TTY 1-866-785-9530

Project Proven 400 7th St. North LaCrosse  
608-785-9200

Independent Living Resources (ILR)  
4439 Mormon Coulee Road, La Crosse  
<http://www.ilresources.org>  
608-787-1111 or 1-888-474-5745 TTY 608-787-1148 or 1-888-378-2198

Aptiv  
3000 South Avenue, La Crosse  
<http://www.aptiv.org>  
608-784-9450 or 1-800-949-7380 TTY 608-784-0039

Couleecap Job & Business Development Program  
<http://couleecap.org>  
608-782-5525

Worker's Compensation-Wisconsin  
<http://www.dwd.state.wi.us/wc>  
608-266-1340 or TTY 1-866-265-3142

Workforce Development  
<http://www.dwd.wi.gov>

Western Dairyland EOC, Inc.  
Independence - 800-782-1063

## **FAMILY & CHILDREN'S RESOURCES**

Big Brothers Big Sisters of Trempealeau County

Trempealeau County - 715-985-2555

Western Dairyland Head Start

Independence - 715-985-2391 or 1-800-782-1063 ext. 252

Trempealeau County Car Seat Program – free checks upon request

715-538-2311 ext. 220

Sleep in Heavenly Peace

(Provides beds and supplies so children ages 3-17 are not without or sharing)

Larry Guthrie - 715 983 5602 - lguthrie@tcc.coop

## **HEALTH CARE**

**FREE** assistance is available from Healthcare Navigators at Workforce Connections, Inc. Navigators provide unbiased assistance to individuals and families that need affordable health insurance coverage. We help you to look at your options, and consider factors that are important to you in choosing coverage that works for you. Call 608-790-8136, or 1-800-742-5627. Also see information at [www.workforceconnections.org](http://www.workforceconnections.org) – Click programs from the top menu, then click healthcare.

Gundersen Health System

Whitehall - 715-538-4355

La Crosse - 608-782-7300

Mayo Clinic Health System

Arcadia - 608-323-3373

La Crosse - 608-791-9730

Eau Claire - 715-838-3311

Osseo - 715-597-3121

HSHS Sacred Heart Hospital

Eau Claire - 715-839-4121

Western Dairyland Family Planning

Whitehall - 715-538-2306 or 1-800-472-3566

## **FREE OR REDUCED HEALTHCARE**

Chippewa Valley Free Clinic

Eau Claire - 715-839-8477

<http://www.cvfreeclinic.org>

Family Health Center of Marshfield, Inc.

Marshfield - 715-221-7500 or 1-800-942-5420

Family Health/La Clinica

Wautoma - 920-787-5514

## **LOW COST OR FREE DENTAL CLINICS**



Chippewa Center for Dental Excellence  
Chippewa Falls – 715-723-7175

Chippewa Valley Technical College Dental Clinic  
Eau Claire - 715-833-6271

## **HOUSING**

Hope Gospel Mission  
Eau Claire - 715-552-5566

Housing Authority of Trempealeau County  
Whitehall - 715-538-2274

National Center for Homeless Resource Center  
1-800-308-2145

Tenant Resource Center  
Madison - 608-257-0006

Western Dairyland Homeless Shelter  
Independence - 715-985-2391 ext. 220

Salvation Army Homeless Shelters  
Eau Claire - 715-834-1224  
La Crosse - 608-782-6126

Catholic Charities – 608-782-0710

Bolton Refuge House – 715-926-6080

## **LEGAL SERVICES**

Lawyer Referral & Information Service  
Madison- 1-800-362-9082

Trempealeau County District Attorney  
Whitehall - 715-538-2311 ext. 278

## **NUTRITIONAL PROGRAMS**

WIC Program  
Trempealeau County-Whitehall - 715-538-2311 ext. 233

Food Share Program  
Western Region for Economic Assistance (WREA)  
<https://access.wisconsin.gov>  
1-888-627-0430

## **TELEPHONE ASSISTANCE**

### **Lifeline/Link-up Program**

Lifeline: Provides discounts on basic monthly telephone service, up to \$10.00 per month.

Link-up: Assists with the initial installation fee or activation fee for telephone service.

\*\*Contact your local telephone company or cell phone provider for additional eligibility information.

<http://lifelinesupport.org>

### **Safelink Wireless Cell Phone Program**

Issues a free cell phone with free minutes each month to low income households. People who qualify either already participate in a government assistance program or meet the income guidelines for eligibility. 1-800-977-3768 [www.safelinkwireless.com](http://www.safelinkwireless.com)

### **Telecommunications Equipment Purchase and Assistance Plans**

TEPP- assists individuals that are hard of hearing, deaf/severely hard of hearing, speech impaired, mobility/motion impaired, deaf with low vision or deaf and blind to obtain equipment for basic phone service

TAP- a program for those who are deaf or severely hard of hearing in a low-income household to pay the TEPP co-payment if you qualify. Voice 608-231-3305 - TTY 1-800-251-8345

## **TRANSPORTATION**

### **Senior Services of Trempealeau County**

Whitehall - 715-538-2311 ext. 250

### **Work N' Wheels Program through Western Dairyland**

Independence - 715-985-3239

### **Coulee Wheels**

Partnered through Altra Federal Credit Union & Consumer Credit Counseling Services  
800-350-2227

At one time or another everyone needs help or an answer to what seems like a simple question. The Resource Guide is designed to link peoples' questions or problems to the agency or organization best able to provide the needed assistance.

The listings in this brochure are by no means inclusive of all of the services in the Trempealeau County area.

We believe that consumers are in the best position to evaluate and choose resources appropriate to their needs.

## **Trempealeau County Food Pantries & Community Meals**

Trempealeau County Food Pantry & TEFAP Commodity Distribution – at Trempealeau County Care Center W20410 State Road 121 Whitehall WI 715-200-1649, leave a voice mail stating your calling about the food pantry. 3<sup>rd</sup> Saturday from 1-5pm

Salvation Army Whitehall - 715-538-2311 ext. 290

Senior Services Nutrition Program Whitehall - 715-538-2311 or 1-877-538-2311 ext. 250

Whitehall Food Pantry within Our Savior's Lutheran Church 36197 Main St Whitehall, WI 54777. 715-538-4997. Last Wednesday of the month 11:30 to 1 p.m.

Food Distribution Between Pigeon Falls and Whitehall located within Reaching Out Ministry Center W15822 Simonson Rd, Whitehall WI 54773. 715-896-0604 \$10 donation 1st and 3rd Thursday 10-12 p.m. 2nd, 4th and 5th Thursday 4-6 p.m. No income limits.

Trempealeau County Community Cupboard & TEFAP Commodity Distribution in Strum 715-695-3511. Trempealeau County Care Center W20410 State Road 121 Whitehall, WI 54773. 715-836-7511 Ext 1188, 3rd Saturday, 2-5 p.m.

OLPH Mission Food Pantry Arcadia – 608-323-7116 411 S Washington St. Arcadia WI 54612 (Within Mission Thrift Store) By appointment- please call.

Arcadia CommUNITY Pantry within Bethel Lutheran Church 608-323-7116 N29280 Loesel Ln, Arcadia, WI 54612. 4th Thursday Doors open at 2:30 Food is handed out at 3:30

Blair Food Pantry within Blair Lutheran Church 608-989-2818 126 S. Peterson Ave. Blair WI 54616 2nd Friday, 10 a.m.-12 p.m. 4th Thursday 4-6 p.m. Open to anyone with a Blair or Ettrick address.

Come for Supper at Ettrick Community Dinner, Living Hope Lutheran Church, 15630 E 4th St, Ettrick 608-525-3454 Come For Supper is on the 3rd Sunday evening of the month from 5-6:30 p.m.

G-E-T Community Food Pantry within First Presbyterian Church - 608-582-2991. 20237 West Ridge Ave Galesville. All Wednesdays 9:30-11:30 a.m. also the last Wednesday of month there are evening hours 5:30-7 p.m.

Independence Food Pantry within City Hall - 23688 Adams St Independence 715-985-3055 Monday-Thursday 8-4:30 Closed 12:20 to 1:30

Tri-County Osseo Food Pantry by Osseo Fire Dept.- 715-597-3213. 50965 Industrial Road • Osseo 3rd Saturday of every month 10-11 a.m.

Table of Friendship Community Meal within Osseo Lutheran Church 50351 Harmony St, Osseo. 715-597-3213 2nd Wed of the month 5-6 PM.

Ruby's Pantry in Osseo within United Church of Christ Osseo, WI corner of Hwy 10 and Main St. Osseo WI 54758. 715-597-2485. 2nd Tuesday of each month 4:30-6 p.m. \$20 Cash donation. Preregister online at [rubyspantry.org](http://rubyspantry.org)

Strum Area Food Pantry within Immanuel Lutheran Church 109 Elm St Strum WI 54770 715-695-3511 Strum Food Pantry 1st Tuesday of each month 9-11 a.m.