

# Monroe County Resource Guide



Produced by the W-2 Children's Services Network

The purpose of this directory is to provide a variety of community resource agencies to better serve the people of Monroe County.



**W-2 Agency**  
**120 E. Milwaukee St.**  
**Tomah, WI 54660**  
**Phone 608-374-7740**  
**Fax 608-374-7741**

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**Information regarding local Food Pantries is included on the last page of this guide.**

## **ABUSE**

911 - Call immediately if you feel someone is in immediate, serious or life-threatening danger

Brighter Tomorrows

Sparta - 608-269-7853

Tomah - 608-374-6975

National Sexual Assault - 800-656-4673

National Domestic Violence Crisis - 800-799-7233

Great River Call for Help - 800-362-8255

Safe Path - 800-362-5454 ext. 7804

UNIDOS - 800-510-9195

Gunderson Lutheran - 608-775-3845

Monroe County Department of Human Services - 608-269-8600

National Child Abuse Hot Line - 800-422-4453

New Horizons Shelter & Outreach Centers - 608-791-2610 or 888-231-0066

Watershed Alcohol & Drug Addiction Treatment Program - 800-310-8963 or 608-269-3629

Coulee Council on Addictions - 608-784-4177

Domestic Violence Project - 608-785-7670

## **ALCOHOL AND OTHER DRUG ABUSE SERVICES**

West Central Wisconsin Behavioral Health - 715-284-2831

Franciscan Skemp Behavioral Health - 800-362-5454

Gundersen Lutheran Behavioral Health - 800-362-9567

L.E. Phillips Outpatient Clinic - 715-284-7074

## **BUDGETING**

Catholic Charities (St. Lawrence Community Services - 608-782-0704

Consumer Credit Counseling Services - 608-784-8380 or 866-400-2227

Families First of Monroe County- 608-374-4141

Monroe County UW-Extension - 608-269-8722

## **CHILD RELATED SERVICES**

### **CHILD SUPPORT**

Child-Support Enforcement Hotline - 877-696-6775

Monroe County Child Support Office - 608-269-8705

### **PARENTING SUPPORT**

Birth to Three Program - 608-269-8630

The Parenting Place of Tomah - 608-374-4190

Family Living Agent - 608-269-8722

The Parenting Place of Sparta - 608-269-3151 ext. 6116

Special Needs Children Center - 800-400-3678  
Sparta Head Start - 608-269-8297  
Tomah Head Start - 608-372-3781

### **CHILD CARE**

Parenting Place of Tomah - 608-374-4190  
Parenting Place of Sparta - 608-269-3151 Ext. 6116  
Parenting Place of La Crosse - 608-784-8125 or 800-873-1768  
Wisconsin Shares Child Care Program - 608-269-8600  
Child-Care Subsidy Hotline -800-424-2246

### **ADULT CARE**

Handishop Adult Day Center - 608-343-7049  
Tomah Adult Day Programs - 608-374-4673

### **YOUTH SERVICES**

Big Brothers and Big Sisters of the Coulee Region - 608-782-2227  
Boys and Girls Club of Sparta - 608-269-2582  
Boys and Girls Club of Tomah - 608-374-4386  
Boys and Girls Club of West Central Wisconsin - 608-374-4386  
Coulee cap - 608-269-5021  
Parenting Place of Tomah - 608-374-4190  
Parenting Place of Sparta - 608-269-3151 ext. 6116  
Sparta Free Library - 608-269-2010  
Sparta Parks and Recreation Department - 608-269-6322  
Sparta Public Swimming Pool - 608-269-5344  
The Runaway Bridge - 608-775-6337  
The Runaway Bridge Hotline - 1-800-361-8255  
Tomah Public Library - 608-374-7470  
Tomah Recreation Department - 608- 374-7445  
Sparta Head Start - 608-269-8297  
Tomah Head Start - 608-372-3781

### **CLOTHING**

Families First of Monroe County - 608-374-4141  
Goodwill Industries - 608-372-7464  
Women's Clothes Closet - 608-784-5745  
Families First of Monroe County - 608-374-4141  
Women's Clothes Closet - 608-784-5745

Catholic Charities  
La Crosse - 608-782-0710

Women's Clothes Closet

La Crosse - 608-784-5745

Catholic Charities: Men's Clothes Closet

La Crosse - 608-782-0710

## **COUNSELING**

Franciscan Skemp Behavioral Health - 800-362-5454

Gundersen Lutheran Behavioral Health - 800-362-9567

## **CRISIS PROGRAMS & SERVICES**

In an Emergency-Dial 911

Families First of Monroe County - 608-374-4141

Flocks Guardians - 608-487-9356

Information, Referral & Crisis Line 2-1-1 -800-362-8255

Suicide Hotline -800-273-8255

American Red Cross - 800-837-6313

Catholic Charities - 608-782-0710

Hope House - 800-584-6790

Domestic Violence/Sexual Assault Services - 800-252-4357

Coulee Council on Alcohol and Drug - 608-784-4177

Salvation Army - 608-782-6126

National Child Abuse Hotline - 800-422-4453

Passages (domestic violence hotline) - 800-236-4325

New Horizons Shelter - 608-791-2600

Bolton Refuge House - 715-333-2350

Bolton Refuge House 24-hour hotline - 1-855-526-5866

## **DISABILITY SERVICES**

Social Security Administration - 800-772-1213

Aging and Disabilities Resource Center of Western WI - 800-500-3910

Aging and Disabilities Resource Center of Monroe County - 608-269-8900

Challenge Unlimited - 608-269-5540

Division of Vocational Rehabilitation - 800-523-2139

Handishop Industries - 608-372-3289

Independent Living Resources - 608-787-1111

Lutheran Social Services - 608-269-1110

Monroe County Senior Services - 608-269-8690

Aptiv - 608-269-8263

Senior and Disabled Services -608-374-7476

Social Security Administration

La Crosse - 1-800-772-1213

Wisconsin Council on Children & Families

(Helps families caring for a disabled family member)

Madison - 608-284-0580 or 1-888-400-8455

## **VOCATIONAL EVALUATIONS**

Division of Vocational Rehabilitation - 800-523-2139

Handishop Industries - 608-372-3289

## **EDUCATION**

Sparta GED Center - 608-269-3791

Sparta Head Start - 608-269-8297

Tomah GED Center - 608-374-7700

Tomah Head Start - 608-372-3781

YES AmeriCorps - 800-742-5627

Western Technical College - 608-374-7770

HOPE Academy

<https://www.fcconline.org/seeking-help/for-children/hope-academy/>

608-785-0001 x 312

Coulee Region Literacy Council

<http://www.couleeregionliteracycouncil.com/>

608-789-4752

## **EMPLOYMENT & TRAINING ASSISTANCE**

Workforce Connections, Inc. - 800-742-5627

ABR Employment Services - 608-269-0542

Experience Works - 608-789-5623

Wisconsin Job Center - Tomah - 608-374-7740

Wisconsin Job Service - 608-374-7740 Ext. 77308

Wisconsin Works (W2) General Information - 855-418-9332

Wisconsin Works (W2) Agency - 608-374-7740 Ext. 77304

YES AmeriCorps - 800-742-5627

Workforce Connections, Inc. - 800-742-5627

## **UNEMPLOYMENT**

Wisconsin Unemployment Agency – 414-435-7069

## **ENERGY ASSISTANCE**

Flocks Guardians - 608-487-9356

## **HEALTH CARE**

### **HEALTH INSURANCE**

Badger Care / Medicare / Medicaid - 608-269-8600

Family Planning Waiver - 608-269-8600

## **MEDICAL ASSISTANCE**

Monroe County Health Department - 608-269-8666

Monroe County Department of Human Services - 608-269-8600

Options in Reproductive Care - 608-269-7224

Scenic Bluffs Health Center - Cashton - 608-654-5100

Scenic Bluffs Health Center - Norwalk - 608-823-7853

St. Claire Health Mission - 608-269-2132

Teen Pregnancy Prevention and Parenting Coalition - 608-269-8600 or 608-372-8600

Three Rivers Community Dental Clinic - 608-789-6200

Wisconsin Women's Health Line - 800-218-8408

## **HELP LINES**

1<sup>ST</sup> Call For Help - dial 211 or 800-362-8255

Birthright of La Crosse - 608-782-0373

Child Abuse and Neglect - 608-269-8740

Brighter Tomorrows - 608-269-7853 or 608-374-6975

National Domestic Violence Crisis - 800-799-7233

Council on Problem Gambling - 800-426-2535

Debt Relief Hotline - 800-453-1738

Families First of Monroe County - 608-374-4141

Poison Control Hotline - 800-222-1222

Suicide & Crisis Hotline - 800-784-2433

Wisconsin Tobacco Quit Line - 800-784-8669

## **HOUSING**

### **INCOME BASED**

DAK Management - 800-938-5645

Freedom Village - 608-374-2466

Kilbourn Apartments - 608-269-5017

Monroe County Habitat for Humanity - 608-785-2375

Monroe County Housing Authority - 608-269-5017 or 800-491-5017

Sparta Angelo Apartments - 608-786-4101

Sparta Housing Authority - 608-269-2188

Sparta Deluxe Housing - 608-269-4070

Tomah Housing Authority - 608-374-7455

Tomah Terrace - 608-372-5683

Courtyard at Willow Woods - 608-372-5890

Kenview Apartments - 608-463-7696

Norcrest Apartments - 608-823-7475

Brookside Apartments - 608-269-2188

Sparta Arms - 608-269-4070

Veterans Assistance Foundation, Inc. - 608-372-8387

## **EVICTION/FORECLOSURE PREVENTION ASSISTANCE**

Catholic Charities - 608-782-0704  
Coulee cap - 608-269-5021  
Families First of Monroe County - 608-374-4141  
Rural Development - 608-269-3116  
Wisconsin Works (W2) Agency -608-374-7740

## **SHELTER/EMERGENCY**

Families First of Monroe County - 608-374-4141  
Salvation Army Service Extension - 608-782-6126

## **TENANT/LANDLORD MEDIATION**

Bureau of Consumer Protection - 800-422-7128  
Families First of Monroe County - 608-374-4141

## **LEGAL SERVICES**

Legal Action of Wisconsin  
La Crosse - 608-785-2809

Wisconsin Equal Rights Division  
Madison – 608-266-6860

## **NUTRITIONAL ASSISTANCE**

Food Share Program  
Western Region for Economic Assistance (WREA)  
<https://access.wisconsin.gov>  
1-888-627-0430

Women, Infants and Children Program (WIC) - 608-269-8671

## **FOOD PANTRY FOR PETS**

Spott Inc. – 608-633-3345  
spottinc@yahoo.com

## **ONLINE RESOURCES**

<http://www.co.monroe.wi.us/>  
<http://www.familiesfirstonline.org>  
<http://www.workforceconnections.org>  
[www.ucclaim-wi.org](http://www.ucclaim-wi.org) (unemployment)  
<http://dwd.wisconsin.gov>  
<https://access.wisconsin.gov/> (FoodShare, BadgerCare Plus, Medical Assistance, Child Care Benefits)



## **TELEPHONE ASSISTANCE**

### **Lifeline/Link-up Program**

Lifeline: Provides discounts on basic monthly telephone service, up to \$10.00 per month.

Link-up: Assists with the initial installation fee or activation fee for telephone service.

\*\*Contact your local telephone company or cell phone provider for additional eligibility information.

<http://lifelinesupport.org>

### **Safelink Wireless Cell Phone Program**

Issues a free cell phone with free minutes each month to low income households. People who qualify either already participate in a government assistance program or meet the income guidelines for eligibility. 1-800-977-3768 [www.safelinkwireless.com](http://www.safelinkwireless.com)

### **Telecommunications Equipment Purchase and Assistance Plans**

TEPP- assists individuals that are hard of hearing, deaf/severely hard of hearing, speech impaired, mobility/motion impaired, deaf with low vision or deaf and blind to obtain equipment for basic phone service

TAP- a program for those who are deaf or severely hard of hearing in a low-income household to pay the TEPP co-payment if you qualify. Voice 608-231-3305 - TTY 1-800-251-8345

## **TRANSPORTATION**

Faith in Action Volunteers - 608-372-0939

Families First of Monroe County - 608-374-4141

Medicaid Transportation Assistance Program - 608-269-8936

Monroe County Senior Services - 608-269-8690

Logistic Healthcare Transport - 866-907-1493

Coulee Cap - 608-269-5021

## **VETERANS SERVICES**

Monroe County Veterans Services - 608-269-8726

Veterans Affairs - 800-947-8387

Tomah VA Medical Center - 800-872-8662 or 608-372-3971

Veterans Assistance Foundation - 877-823-9433

Wisconsin Job Service - 608-374-7740

## **VOCATIONAL EVALUATIONS**

Division of Vocational Rehabilitation - 800-523-2139

Handishop Industries - 608-372-3289

At one time or another everyone needs help or an answer to what seems like a simple question. The Resource Guide is designed to link peoples' questions or problems to the agency or organization best able to provide the needed assistance. The listings in this brochure are by no means inclusive of all of the services in the Monroe County area. We believe that consumers are in the best position to evaluate and choose resources appropriate to their needs.

## Monroe County Food Pantry Resources

### **Couleecap** Monroe County Food Pantry

217 North Black River Street, Sparta. Hours: Monday and Thursday 10:00 a.m.-2:00 p.m.  
Ph: 608.269.3012

**Cashton Cupboard and Closet** 199 Front St. Cashton. Phone: (608) 654-5770 (Pantry) Hours: Monday-Friday 10:00am-4:00pm, Saturday 10:00am-1:00 pm Area Covered: Monroe County areas of Village of Cashton, Cashton School District, Melvina, and St. Mary's Ridge, Norwalk, and Ontario

**Families First of Monroe County** - 608-374-4141 1118 W. Veterans St. Tomah. Infant supplies available, food vouchers. 8am-3pm Monday-Thursday.

### **Monroe County Department of Human Services** -

Senior Meal Program: persons 60 years of age and older for a donation of \$3.50 for congregate and \$3.75 for home-delivered. Must meet criteria in order to receive meals at home. All seniors are welcome regardless of income. SPECIAL DIETS CAN BE PROVIDED. FOOD SHARE (FORMERLY FOOD STAMPS) ACCEPTED. Call Monday – Friday, 8:00am – 4:30pm, at (608) 269-8690 for more information.

**Sparta Senior Meal Site** - 608-269-6778 1000 E Montgomery St. Call for hours.

**Tomah Senior Meal Site** - 608-372-7291 Lunch is at 11:30am Monday through Friday, except holidays. 1002 Superior Ave.

**Morrow Home Community & Services Morrow Meals in Motion** Provides noon meals delivered to the home for a fee; for age 60 years of age and older 331 South Water Street, Sparta · 608-269-3168 or 1-866-324-7365 <http://www.morrowhome.org>

### **Neighbor for Neighbor, Inc.** - 608-372-6737

Food Pantry Distribution: Mondays 1-3:30pm, 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays 3:30-6pm, Thursdays 10-Noon. 1118 W. Veterans St. 608-372-6737. Call ahead if you are coming on a holiday or during bad weather to make sure it's open and what you need to bring.

Area covered: City of Tomah, Tunnel City, Warrens, Wyeville, Valley Junction, Oakdale, Kendall and surrounding area.

**United Methodist Church** Tuesday Supper 5-6pm - 210 N Court Street Sparta but use "K" Street entrance for supper. 608-269-6949

**Ruby's Pantry:** Oasis Church 22547 State Hwy 21 Tomah, 1st Monday of the Month. Doors open at 4:30 pm, Distribution 5:00-7:30 pm. Please plan to arrive 15 minutes before your time-slot. \$20 share cost. Can preregister online: [www. Rubyspantry.org](http://www.Rubyspantry.org).

### **Second Harvest Food Pantry** 608-223-9121

Norwalk: Community Center (200 North St), last Tuesday of month, 11 am

Sparta: 1800 Block of Milwaukee St, Sparta 3rd Monday 4 pm

Tomah: Fairgrounds (1625 Butts Avenue), 1st Tuesday 4 pm