

# Monroe County Resource Guide



Produced by the W-2 Children's Services Network

The purpose of this directory is to provide a variety of community resource agencies to better serve the people of Monroe County.



**W-2 Agency**  
**120 E. Milwaukee St.**  
**Tomah, WI 54660**  
**Phone 608-374-7740**  
**Fax 608-374-7741**

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## **ABUSE**

911 - Call immediately if you feel someone is in immediate, serious or life-threatening danger

Brighter Tomorrows

Sparta - 608-269-7853

Tomah - 608-374-6975

National Sexual Assault - 800-656-4673

National Domestic Violence Crisis - 800-799-7233

Great River Call for Help - 800-362-8255

Safe Path - 800-362-5454 ext 7804

UNIDOS - 800-510-9195

Gunderson Lutheran - 608-775-3845

Monroe County Department of Human Services - 608-269-8600

National Child Abuse Hot Line - 800-422-4453

New Horizons Shelter & Outreach Centers - 608-791-2610 or 888-231-0066

Watershed Alcohol & Drug Addiction Treatment Program - 800-310-8963 or 608-269-3629

Coulee Council on Addictions - 608-784-4177

Domestic Violence Project - 608-785-7670

## **ALCOHOL AND OTHER DRUG ABUSE SERVICES**

West Central Wisconsin Behavioral Health - 715-284-2831

Franciscan Skemp Behavioral Health - 800-362-5454

Gundersen Lutheran Behavioral Health - 800-362-9567

L.E. Phillips Outpatient Clinic - 715-284-7074

## **AGING**

Monroe County Senior Services - 608-269-8690

Senior Sparta Meal Site - 608-269-6778

Senior and Disabled Services - 608-374-7476

Social Security Administration

Eau Claire - 1-800-815-2924

La Crosse - 1-800-772-1213

## **BUDGETING**

Catholic Charities (St. Lawrence Community Services) - 608-782-0704

Consumer Credit Counseling Services - 608-784-8380 or 866-400-2227

Families First of Monroe County- 608-374-4141

Monroe County UW-Extension - 608-269-8722

## **CHILD RELATED SERVICES**

### **CHILD SUPPORT**

Child-Support Enforcement Hotline - 877-696-6775

Monroe County Child Support Office - 608-269-8705

## **PARENTING SUPPORT**

Birth to Three Program - 608-269-8630  
The Parenting Place of Tomah - 608-374-4190  
Family Living Agent - 608-269-8722  
The Parenting Place of La Crosse - 800-873-1768  
The Parenting Place of Sparta - 608-269-3151 ext. 6116  
Special Needs Children Center - 800-400-3678

## **CHILD CARE**

Parenting Place of Tomah - 608-374-4190  
Parenting Place of Sparta - 608-269-3151 Ext. 6116  
Parenting Place of La Crosse - 608-784-8125 or 800-873-1768  
Wisconsin Shares Child Care Program - 608-269-8600  
Child-Care Subsidy Hotline - 800-424-2246

## **ADULT CARE**

Handishop Adult Day Center - 608-343-7049  
Tomah Adult Day Programs - 608-374-4673

## **YOUTH SERVICES**

Big Brothers and Big Sisters of the Coulee Region - 608-782-2227  
Boys and Girls Club of Sparta - 608-269-2582  
Boys and Girls Club of Tomah - 608-374-4386  
Boys and Girls Club of West Central Wisconsin - 608-374-4386  
Couleecap - 608-269-5021  
Parenting Place of Tomah - 608-374-4190  
Parenting Place of Sparta - 608-269-3151 ext. 6116  
Sparta Free Library - 608-269-2010  
Sparta Parks and Recreation Department - 608-269-6322  
Sparta Public Swimming Pool - 608-269-5344  
The Runaway Bridge - 608-775-6337  
The Runaway Bridge Hotline - 1-800-361-8255  
Tomah Public Library - 608-374-7470  
Tomah Recreation Department - 608- 374-7445

## **CLOTHING**

Families First of Monroe County - 608-374-4141  
Goodwill Industries - 608-372-7464  
Women's Clothes Closet - 608-784-5745  
Families First of Monroe County - 608-374-4141  
Women's Clothes Closet - 608-784-5745

Catholic Charities  
La Crosse - 608-782-0710

Women's Clothes Closet  
La Crosse - 608-784-5745

Catholic Charities: Men's Clothes Closet  
La Crosse - 608-782-0710

### **COUNSELING**

Franciscan Skemp Behavioral Health - 800-362-5454  
Gundersen Lutheran Behavioral Health - 800-362-9567

### **CRISIS PROGRAMS & SERVICES**

In an Emergency-Dial 911

Families First of Monroe County - 608-374-4141  
Flocks Guardians - 608-487-9356  
Information, Referral & Crisis Line 2-1-1 -800-362-8255  
Suicide Hotline -800-273-8255  
American Red Cross - 800-837-6313  
Catholic Charities - 608-782-0710  
Hope House - 800-584-6790  
Domestic Violence/Sexual Assault Services - 800-252-4357  
Coulee Council on Alcohol and Drug - 608-784-4177  
Salvation Army - 608-782-6126  
National Child Abuse Hotline - 800-422-4453  
Passages (domestic violence hotline) - 800-236-4325  
New Horizons Shelter - 608-791-2600  
Bolton Refuge House - 715-333-2350  
Bolton Refuge House 24-hour hotline - 1-855-526-5866

### **DISABILITY SERVICES**

Social Security Administration - 800-772-1213  
Aging and Disabilities Resource Center of Western WI - 800-500-3910  
Aging and Disabilities Resource Center of Monroe County - 608-269-8900  
Challenge Unlimited - 608-269-5540  
Division of Vocational Rehabilitation - 800-523-2139  
Handishop Industries - 608-372-3289  
Independent Living Resources - 608-787-1111  
Lutheran Social Services - 608-269-1110  
Monroe County Senior Services - 608-269-8690  
Riverfront Incorporated - 608-269-8263  
Senior and Disabled Services -608-374-7476  
Social Security Administration  
Eau Claire - 1-800-815-2924

La Crosse - 1-800-772-1213

Wisconsin Council on Children & Families  
(Helps families caring for a disabled family member)  
Madison - 608-284-0580 or 1-888-400-8455

## **VOCATIONAL EVALUATIONS**

Division of Vocational Rehabilitation - 800-523-2139  
Handishop Industries - 608-372-3289

## **DISASTER SERVICES**

American Red Cross  
La Crosse - 608-784-2102

## **EDUCATION**

Sparta GED Center - 608-269-3791  
Sparta Head Start - 608-269-8297  
Tomah GED Center - 608-374-7700  
Tomah Head Start - 608-372-3781  
YES Americorps - 800-742-5627  
Western Technical College - 608-374-7770

HOPE Academy  
<https://www.fcconline.org/seeking-help/for-children/hope-academy/>  
608-785-0001 x 312

Coulee Region Literacy Council  
<http://www.couleeregionliteracycouncil.com/>  
608-789-4752

## **EMPLOYMENT & TRAINING**

Workforce Connections, Inc. - 800-742-5627  
ABR Employment Services - 608-269-0542  
Experience Works - 608-789-5623  
Wisconsin Job Center  
Tomah - 608-374-7740  
Wisconsin Job Service - 608-374-7740 Ext. 77308  
Wisconsin Works (W2) General Information - 855-418-9332  
Wisconsin Works (W2) Agency - 608-374-7740 Ext. 77304  
YES Americorps - 800-742-5627  
Express Employment Professionals - La Crosse 608-779-4252  
Express Employment Professionals Tomah - 608-567-0534  
Kelly Services - 888-222-6495  
Labor Ready - 608-779-4780  
Olsten Staffing Agency - 608-782-1100

Manpower  
Tomah - 608-374-2040  
La Crosse - 608-781-8899

### **EMPLOYMENT SEARCH ASSISTANCE**

Workforce Connections, Inc. - 800-742-5627  
Wisconsin Job Center—Tomah - 608-374-7740  
Wisconsin Job Service - 608-374-7740 Ext. 77308  
Wisconsin Works (W2) General Information - 855-418-9332  
YES Americorps - 800-742-5627

### **UNEMPLOYMENT**

Wisconsin Unemployment Agency - 800-494-4944

### **ENERGY ASSISTANCE**

Flocks Guardians - 608-487-9356

### **FOOD PANTRIES & NUTRITIONAL PROGRAMS**

Food Share Program  
Western Region for Economic Assistance (WREA)  
<https://access.wisconsin.gov>  
1-888-627-0430

Coulecap - 608-269-5021  
Families First of Monroe County - 608-374-4141  
Monroe County Department of Human Services - 608-269-8600  
Neighbor for Neighbor, Inc. - 608-372-6737  
Sparta Senior Meal Site - 608-269-6778  
Tomah Senior Meal Site - 608-372-7291  
United Methodist Church (Tuesday/soup) - 608-269-6949  
Women, Infants and Children Program (WIC) - 608-269-8671

### **FOOD PANTRY FOR PETS**

Spott Inc. – 608-633-3345  
spottinc@yahoo.com

### **HEALTH CARE**

#### **HEALTH INSURANCE**

Badger Care / Medicare / Medicaid - 608-269-8600  
Family Planning Waiver - 608-269-8600

## **MEDICAL ASSISTANCE**

Monroe County Health Department - 608-269-8666  
Monroe County Department of Human Services - 608-269-8600  
Options in Reproductive Care - 608-269-7224  
Scenic Bluffs Health Center - Cashton - 608-654-5100  
Scenic Bluffs Health Center - Norwalk - 608-823-7853  
St. Claire Health Mission - 608-269-2132  
Teen Pregnancy Prevention and Parenting Coalition - 608-269-8600 or 608-372-8600  
Three Rivers Community Dental Clinic - 608-789-6200  
Wisconsin Women's Health Line - 800-218-8408

## **HELP LINES**

1<sup>ST</sup> Call For Help - dial 211 or 800-362-8255  
Birthright of La Crosse - 608-782-0373  
Child Abuse and Neglect - 608-269-8740  
Brighter Tomorrows - 608-269-7853 or 608-374-6975  
National Domestic Violence Crisis - 800-799-7233  
National Sexual Assault - 800-656-4673  
Council on Problem Gambling - 800-426-2535  
Debt Relief Hotline - 800-453-1738  
Families First of Monroe County - 608-374-4141  
Poison Control Hotline - 800-222-1222  
Suicide & Crisis Hotline - 800-784-2433  
Wisconsin Tobacco Quit Line - 800-784-8669

## **HOUSING**

### **INCOME BASED**

DAK Management - 800-938-5645  
Freedom Village - 608-374-2466  
Kilbourn Apartments - 608-269-5017  
Monroe County Habitat for Humanity - 608-785-2375  
Monroe County Housing Authority - 608-269-5017 or 800-491-5017  
Sparta Angelo Apartments - 608-786-4101  
Sparta Housing Authority - 608-269-2188  
Sparta Deluxe Housing - 608-269-4070  
Tomah Housing Authority - 608-374-7455  
Tomah Terrace - 608-372-5683  
Courtyard at Willow Woods - 608-372-5890  
Kenview Apartments - 608-463-7696  
Norcrest Apartments - 608-823-7475  
Brookside Apartments - 608-269-2188  
Sparta Arms - 608-269-4070  
Veterans Assistance Foundation, Inc. - 608-372-8387



## **EVICTION/FORECLOSURE PREVENTION ASSISTANCE**

Catholic Charities - 608-782-0704  
Couleecap - 608-269-5021  
Families First of Monroe County - 608-374-4141  
Rural Development - 608-269-3116  
Wisconsin Works (W2) Agency -608-374-7740

## **SHELTER/EMERGENCY**

Families First of Monroe County - 608-374-4141  
Salvation Army Service Extension - 608-782-6126

## **TENANT/LANDLORD MEDIATION**

Bureau of Consumer Protection - 800-422-7128  
Families First of Monroe County - 608-374-4141

## **LEGAL SERVICES**

Legal Action of Wisconsin  
La Crosse - 608-785-2809

Wisconsin Equal Rights Division  
Madison – 608-266-6860

Wisconsin Legislators – 800-362-9472

## **ONLINE RESOURCES**

<http://www.co.monroe.wi.us/>  
<http://www.familiesfirstonline.org>  
<http://www.workforceconnections.org>  
[www.ucclaim-wi.org](http://www.ucclaim-wi.org) (unemployment)  
<http://dwd.wisconsin.gov>  
<https://access.wisconsin.gov/> (foodshare, medical)

## **TELEPHONE ASSISTANCE**

### **Lifeline/Link-up Program**

Lifeline: Provides discounts on basic monthly telephone service, up to \$10.00 per month.

Link-up: Assists with the initial installation fee or activation fee for telephone service.

\*\*Contact your local telephone company or cell phone provider for additional eligibility information.

<http://lifelinesupport.org>

### **Safelink Wireless Cell Phone Program**

Issues a free cell phone with free minutes each month to low income households. People who qualify either already participate in a government assistance program or meet the income guidelines for eligibility. 1-800-977-3768 [www.safelinkwireless.com](http://www.safelinkwireless.com)

### Telecommunications Equipment Purchase and Assistance Plans

TEPP- assists individuals that are hard of hearing, deaf/severely hard of hearing, speech impaired, mobility/motion impaired, deaf with low vision or deaf and blind to obtain equipment for basic phone service

TAP- a program for those who are deaf or severely hard of hearing in a low income household to pay the TEPP co-payment if you qualify. Voice 608-231-3305 - TTY 1-800-251-8345

## **TRANSPORTATION**

Faith in Action Volunteers - 608-372-0939

Families First of Monroe County - 608-374-4141

Medicaid Transportation Assistance Program - 608-269-8936

Monroe County Senior Services - 608-269-8690

Logistic Healthcare Transport - 866-907-1493

Coulee Cap - 608-269-5021

## **VETERANS SERVICES**

Monroe County Veterans Services - 608-269-8726

Veterans Affairs - 800-947-8387

Tomah VA Medical Center - 800-872-8662 or 608-372-3971

Veterans Assistance Foundation - 877-823-9433

Wisconsin Job Service - 608-374-7740

## **VOCATIONAL EVALUATIONS**

Division of Vocational Rehabilitation - 800-523-2139

Handishop Industries - 608-372-3289

At one time or another everyone needs help or an answer to what seems like a simple question. The Resource Guide is designed to link peoples' questions or problems to the agency or organization best able to provide the needed assistance.

The listings in this brochure are by no means inclusive of all of the services in the Monroe County area. We believe that consumers are in the best position to evaluate and choose resources appropriate to their needs.